

# Countryside Church Unitarian Universalist

## ~ October 2, 2022 ~ The Power of Naming ~

### Order of Worship

Gathering Music

Welcome and Announcements at 5 min. before the hour

Lisa Gilley, Board member

Prelude

*Courage Calls to Courage* by Emily Crocker

Call to Worship & Chalice Lighting

Hymn # 1012

*When I am Frightened*

Covenant We unite to strengthen the bonds of kinship among all persons; to promote human dignity; and to increase reverence for life's creating, sustaining, and transforming power through worship, study, and service.

Message for All Ages

Singing the Young People Out *As You Go* by John Ruben Piirainen

As you go, may joy surround you, as you go, go in peace.

Know our love is with you always, as you go, as you go.

Our young people take the light of our chalice with them to their classes.

Reading

*The Power of Naming Feelings*, from *Atlas of the Heart* by Brené Brown

Meditation

Anthem

*Courage* by Sandra Howard

Courage lives in a quiet place, Courage lives. Deep inside the stormy soul, Courage lives. Quietly at close of day, Courage says, "Tomorrow try again." In spite of fear, even through the tears, Courage lives. Courage lives in a lonely place, Courage lives. When all else has gone away. Courage lives. Not drowned by tears, overcoming fears, courage says, keep moving on, Going step by step by step. Courage lives. Ready to face what lies ahead. Ready to step into the future, no matter what the future brings. And then in looking back you can see the path of courage.

Sermon

*The Power of Naming Feelings*

Rev. Denise Cawley

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- going to <https://ccuu.org/donate/> & clicking on "Donate Now," create a profile & follow onscreen instructions; or
- texting \$XX to 847-973-7344, where XX is the amount you would like to contribute. Within a few minutes, you'll be sent a text with a link to register. [*if you*

need to change your giving info, text EDIT to 847-973-7344.]

- mailing a check payable to Countryside Church UU to 1025 N Smith Rd, Palatine IL 60067.

Offertory

Hymn # 346

*Come, Sing a Song with Me*

Closing Words/Benediction

Postlude

*Courage Calls to Courage* by Emily Crocker

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Thank you to:

- Worship Associate: Elizabeth Vesto
- Greeter(s): Lisa and Mike Gilley
- Usher(s): Laura Mandell
- Fellowship Host: David Williams
- Tech Coordinators: Luis Diaz, Kathi Hillyer





# COUNTRYSIDE CHURCH UNITARIAN UNIVERSALIST

1025 North Smith Street • Palatine, IL 60067 • Phone: 847-359-8440 • [www.ccuu.org](http://www.ccuu.org)

## Staff

Interim Minister	The Rev. Denise Cawley RevDenise@ccuu.org
Director of Lifespan Religious Education	Dr. Mary Lamb Shelden DLRE@ccuu.org
Community-Based Minister	The Rev. Dr. C. Scot Giles
Music Director	Alison Vernon Music.Director@ccuu.org
Staff Pianist	Dr. Janice L. Razaq
Congregational Administrator	Laurie Lantz Office@ccuu.org
Technology Coordinator	Luis Diaz

## Board of Trustees

Tom Dempsey, President	Susan Auld, Trustee
Lisa Gilley, President-elect	Emilie Cheng, Trustee
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## Lay Ministers

Ken Bobbe, Coordinator	
Lisa Gilley	Joy Simon
Barbara Griggs	Chris Smith
Helen Moore	Ellen Vinzani

Lay Ministers work with the Minister to expand the circle of pastoral care; they are church members trained to offer one-to-one caring and pastoral support to other church members in times of need. Everyone is welcome to call a Lay Minister to talk and receive support, guidance, or simply a listening ear. Our congregation is stronger when we create a strong network of mutual care. Our skilled Lay Ministers are a key part of that network. *For assistance from our Lay or Care Ministries, please call Ken Bobbe, 847-842-1360.*